

HALAL DAILY MENU OPTIONS IN SOCIAL HOUSE AT TJ

WEEK 1		Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BREAKFAST	Biscuits & gravy	Dairy Free Scrambled Eggs	Dairy Free Scramble Eggs	Dairy Free Scramble Eggs	Dairy Free Scramble Eggs	Dairy Free Eggs	Dairy Free Eggs	French Toast Sticks
	Hash Brown Patty	Bruschetta Scramble	Brussels Sprout Sweet Potato Hash	Tofu Egg Scramble with Veg	Migas Egg Scramble Tex Mex	Breakfast Tofu Scramble		Tater Tots
	Cream of Wheat	Cinnamon French Toast	Biscuit & Gravy	Buttermilk Pancakes	French Toast Sticks	Biscuits & Gravy		Apple Cinnamon Oatmeal
	Waffle Bar	Hashbrown	Tater Tots	Oatmeal	Hash Brown	Crispy Hash Brown		Waffle Bar
	Yogurt & Fresh Fruit	Grits	Eggless Cheese Grits	Tater Tots	Apple Cinnamon Oatmeal	Cream of Wheat		Yogurt & Fresh Fruit
	Salad Bar	Waffle Bar	Waffle Bar	Waffle Bar	Waffle Bar	Waffle Bar		Cereal Bar
	Cereal Bar	Yogurt and fresh fruits	Cereal Bar	Yogurt & Fresh Fruit	Yogurt & Fresh Fruit	Yogurt & Fresh Fruit		
		Cereal Bar		Cereal Bar	Cereal Bar	Cereal Bar		
LUNCH	Taste of Home	Salisbury Steak	Lemon Oregano chicken thigh	Beef Taco	Braised Beef	BBQ Chicken Thigh	Breaded Pollock	Beef Lasagna
	Grill	Grilled Chicken	Grilled Cheese Sandwich	Siracha Garlic Wings	Grilled Chicken	Grilled Cheese Sandwich	Cheese Quesadilla	Chicken Nuggets
		Fries	Fries	Fries	Fries	Fries	Onion Ring	Fries
	Pizza	Cheese Pizza	Chicken Pizza	Roasted tomato Garlic Pizza	Roasted Red Pepper Pizza	Cheese & Pickle Pizza	White Garlic Pizza	Cheese Pizza
DINNER	Taste of Home	Chicken Parm	Chicken Lo Mein	Roast Chicken Breast	Cajun Chicken thigh	Beef Stroganoff	Chili Lime Chicken	Root beer Glazed Chicken Thigh
	Grill	Grilled PB&J Sandwich	American Cheese Burger	Beef hot Dogs	Vegan Chicken tenders	Breaded Chicken Sandwich	Meatball Sandwich	Grilled Cheese Sandwich
		Fries	Fries	Fries	Fries	Fries	Onion Ring	Fries
	Pizza	Cheese Pizza	Chicken Pizza	Roasted Tomato Garlic Pizza	Roasted Red Pepper Pizza	Cheese & Pickle Pizza	White Garlic Pizza	Cheese Pizza

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WEEK 2		Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BREAKFAST		Buttermilk Pancakes	Dairy Free Scramble eggs	Dairy Free Scramble eggs	Dairy Free Scramble eggs	Dairy Free Scramble eggs	Dairy Free Scramble eggs	Biscuits and Gravy
		Hash Brown Patty	Black bean Scramble Breakfast Taco	Cheesy Tofu Fajita Scramble	Breakfast Enchilada with salsa	Vegetable Frittata	Vegan Breakfast Skillet	Crispy Hash Browns
		Potatoes O'Brien	French Toast Sticks	Buttermilk Pancakes	Cinnamon French Toast	Buttermilk Pancakes	French Toast Sticks	Cream of wheat
		Eggless Cheese Grits	Tater Tots	Hashbrowns	Tater Tots	Potatoes O'Brien	Hash Brown Patty	Scramble eggs
		Waffle Bar	Oatmeal	Grits	Cream of wheat	Apple Cinnamon Oatmeal	Grits	Waffle Bar
		Yogurt & Fresh Fruit	Waffle Bar	Waffle Bar	Waffle Bar	Waffle Bar	Waffle Bar	Yogurt and fresh fruits
		Salad Bar	Yogurt and fresh fruits	Yogurt and fresh fruits	Yogurt and fresh fruits	Yogurt and fresh fruits	Yogurt and fresh fruits	Cereal Bar
		Cereal Bar	Cereal Bar	Cereal Bar	Cereal Bar	Cereal Bar	Cereal Bar	
LUNCH	Taste of Home	BBQ Chicken	Meatloaf	Chicken Enchilada casserole	Oven Fried Chicken Thigh	Cuban Beef Picadillo	Chicken and Shrimp Jambalaya	Beef Tips
	Grill	Popcorn Shrimp	Chicken Patty Sandwich	American Cheese Burger	Hot Dog with Bun	Grilled Turkey Sandwich	Philly Cheese Steaks	Turkey Sausages
		Onion Rings	Curly Fries	French Fries	Shoestring Potatoes	Fries	Curly Fries	French Fries
	Pizza	Mushroom Pizza	Halal pepperoni Pizza	Veggie Pizza	White Tomato Garlic Pizza	Spicy Tomato Pizza	Alfredo Pizza	Halal Sausage Pizza
DINNER	Taste of Home	Beef Fried Steak	Chicken Teriyaki	Siracha Honey Salmon	Beef and Potato Curry W/Rice	Chile Margarita Chicken Thigh	BBQ Beef Sandwich	Shrimp Fried Rice
	Grill	Hot Dog	American Cheese Burger	Grilled Chicken	Meatball Sub Sandwich	Beef Hot Dog	Grilled Cheese	Spicy Chicken Wings
		Fries	French Fries	Curly Fries	Shoestring Fries	French Fries	Fries	Fries
	Pizza	Cheese Pizza	Cheese Pizza	Halal Pepperoni Pizza	Cheese Pizza	Veggie Pizza	Cheese Pizza	Roasted Pepper Pizza

HOW DO I KNOW WHICH WEEKLY MENU WE ARE ON?

Check the chart below to find the current menu week:

Calendar Week:	Menu Week:
October 20th-26th	Week 1
Oct 27th - Nov 2nd	Week 2
Nov 3rd - Nov 9th	Week 1
Nov 10th - Nov 16th	Week 2
Nov 17th - Nov 23rd	Week 1
Nov 24th - Nov 30th	Closed
Dec 1st - Dec 7th	Week 2
Dec 8th - Dec 13th	Week 1